**Lawn Bowls**

**Waroona Bowling Club**

**BEGINNERS FUN DAY**

**Thursday 23 August 9.30**

Ladies If you ever wanted to have a go now’s your chance

BRING A FRIEND and join us for a fun morning and a few laughs.

**free morning tea**

no equipment needed. just wear comfy clothes and flat shoes or socks

Waroona Bowling Club
For catering purposes could you PM or call me to register your interest
Thank you

Sher Sharpe (captain )
0429 940 407

Give it a Try!!!!!
RED HOT SALE PROPERTIES

96 RICHARDSON RD WAROONA $679,000
3 bed / 2 bath brick home on approx. 16 acres, sheds and 19 megs of Harvey water. Plus much more!

23 FORRINGTON HTS WAROONA $595,000
Fantastic Views, brick 4 bed / 2 bath on 3.8 HA, shed, sun room, solar panels, dbl carport UMR

Lot 103 HUXLEY RD COOKERNUP  $599,000
Massive 5 bed / 2 bath home only 4 yo, 3 living areas on 5

AVAILABLE RENTALS

PRESTON BEACH AVAILABILITY
1 x 2 bedroom unit, 1 fully furnished Unit
3 Homes

WAROONA AVAILABILITY
Range of units, cottages up to large family homes some with sheds.
CALL JAYNE TO ORGANISE A VIEWING

CHECK OUT OUR WEBSITES FOR BOTH WAROONA & PINJARRA
www.professionalswaroona.com.au
www.professionalspinjarra.com.au

PLEASE NOTE
TWO OFFICES
Waroona & Pinjarra

Double Exposure
Double the Reps
Double the Advantage

Contact our friendly local staff here at Professionals Waroona
Phone contact: 24/7

ANNEE SMITH - Principal
DEB CLANCY – Licensee / Sales
KATHY HALFYARD - Sales
JAYNE COGLAN – Property Manager
EMMA ANGI - BDM
NINA SCOTT - Administrator

OFFICE OPEN HOURS
8.30am to 5pm Week Days
### Community Calendar for Meetings, Church Services & Events

#### Agricultural Society
- 3rd Thurs—Alison Birch 9733 1092

#### Central Districts Axemen’s Association
- Linda Miller 9733 2098

#### Community Car
- Waroona Resource Centre - 9733 2545

#### Coolup Craft Group
- Wednesdays CWA Room, Coolup 9530 3258

#### Coolup CWA
- 2nd Monday each month

#### Coolup LCDC (Landcare)
- 1st Monday of the month
  - Kim Wilson 9733 2628

#### Coolup Progress Association
- 1st Thurs of month
  - Bev Alexander 0407 381 281

#### Coolup LCDC (Landcare)
- 2nd Monday each month

#### Dam Spinners
- Fortnightly Craft Centre, Waroona
  - Joy Jackson 9733 1810

#### First Waroona Girl Guides
- Tuesdays 4pm Scout Guide Hall, Fouracre St. (Excluding public holidays.)

#### Lake Clifton Landcare
- Contact: Nancy Fardin 9739 1154

#### Lake Clifton/Herron Residents Association
- Meetings every 2nd month on the 2nd Monday
  - Contact: Jenny Rose 0428 343 028

#### Preston Beach Progress Assoc.
- Quarterly Meeting, phone 9739 2090 for details

#### Senior Citizens Welfare
- Last Wednesday - Jan Wood 9733 3701.
  - Hall Hire: Shire Office 9733 7800

#### South Mandurah Al-Anon Group
- Every Monday at 10am Uniting Church, 2 Rees Place, Wannanup

#### ST MARK’S ANGLICAN CHURCH WAROONA
- Services are held every Sunday at 10:30am
  - Enquiries at Parish Office 9531 1248

#### tai Chi
- Pisconeri Hts Park
  - Thursday, 9.30am – Del Leahy 9733 1201

#### UNITING CHURCH
- Thatcher Street, Waroona
  - Worship Services & Sunday School
    - Each Sunday at 9:30am
    - A warm welcome is extended to all.
    - Elders: Daphne Bennell
      - Jennifer Turner
    - Phone: 0499 859 303
    - Minister: Rev. Robert Jetta

#### Wagerup Community Consultative Network
- For information contact
  - Tom Busher at Alcoa on 9733 8768

#### Waroona Arts and Crafts Centre
- Opening Times: Mon. 9:30 - Noon, then 1 - 3pm. Tues. 9am - 3pm.
  - Wed (fortnightly) 10am - 2pm
  - Fri. 9.30 - Noon.
  - New Members Welcome.

#### Waroona Historical Society
- 3rd Thurs 4:00pm
  - Debra Tyler 041 7 70 5 966

#### Waroona Hamel RSL
  - 4pm Memorial Hall - all welcome
  - President:
    - Secretary - Ivy Wilson
    - Ph 0421 734 446

#### Waroona Lions
- 2nd & 4th Monday—
  - John Clare 0407 080 671

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**Waroona really free markets**

**Shop**

**ST vinNies shop**

To make an appointment for Welfare

**Senior Citizens Welfare**

**South Mandurah Al-Anon Group**

**ST MARK’S ANGLICAN CHURCH WAROONA**

**tai Chi**

**UNITING CHURCH**

**Wagerup Community Consultative Network**

**Waroona Arts and Crafts Centre**

**Waroona Historical Society**

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Waroona Lions Farmers Market
We are back in the Memorial Hall:
Sunday August 5th then September 2nd
Bay prices are $20 and sellers can set up from 6:30am. For more information please contact Jo Sherar from the Waroona Action Group on 0421 113 620
Please Support ALL Lions Activities

Waroona Pensioner’s Club
1st Wed—Dot Hansen 9733 1892

Waroona Playgroup
Playgroup is open Mon, Tues and Thurs 9-11am for children 0-5yrs old.
6 Henning Street Waroona WA 6215
Facebook - Waroona Playgroup 2017
waroonaplaygroup@gmail.com

WAROONA ST JOHN AMBULANCE
Sub Centre Opening Times
Tues & Thurs
9:00am - 12 noon, then 12:30 to 3pm
Phone: 9733 2122
EMERGENCY: 000
www.waroonaambulance.com.au

WELL OF LIVING WATER
Meetings at 7 Butler Retreat
Waroona
7 pm every 2nd Friday
Needed, prayer Warriors for our Nation from 2 Chronicles 7v14
All welcome supper after.

Congratulations to the following people with Birthdays in July
Eileen Doran
Garry Sutton
Joel Catalano
Lois Hindmarsh
Peter Lorraway
Dot Rankin
Nicole Shore
Josephine Bailey
Kylie Walmsley

Seniors News
Hello everyone, Well winter is here with a vengeance but we still need the rain. The dam level is encouraging and looking good. All members of Seniors and Pensioners are invited to a thank you morning tea on the 8th August. This will be catered for, so please put your name on the list at next meeting. All of you who are interested in the Casino, the next day/night one is on the 25th of August, leaving the Hall at 1pm, and leaving the casino at 8.30pm, Cost $20, includes dinner, which is good value, so come along and have some fun. Please ring Thelma on 97331476 or Jan Wood on 97333701. The next day Casino will be sometime in October, so watch this space. Our best wishes go to those who are unwell. We hope you recover soon. Bye for now Janet Wood

Community Car News
Winners of lucky numbers were
First prize Synthia
Second prize Val
Thank you James Pat Paddy for your help God Bless Betty Derrick.

AGM NOTICE
The Waroona Community Men’s Shed Inc. Would like to invite all shed members, as well as new members, to attend our AGM at which all office bearing positions will be declared vacant.

Date: Wednesday, 12th September 2018 @ 10am
Agenda: Reports and Election of Office Bearers
Location: Waroona Community Men’s Shed, located at the Waroona Town Oval, directly off Millar Street.
Chairperson: Gary Witney 0428 313 047

Classified Ads.
They are free for goods to the value of $5,000

FOR SALE
Nokia Mobile Phone
Cost $89.95 New, never used
$70 ONO Phone 0477485774
63D Hill Street Waroona

Pensioners News
At the meeting there were 18 members present. Our president Dot Hansen and Ivy Wilson have been enjoying the warmth of Darwin and Katherine. Several of our members have been on the sick list. Iris Wright had an operation in the Busselton Hospital, and Yvonne Hill-Warner is in Bunbury Hospital, Betty Derrick is also having back trouble. Our thoughts go out to you all.

Birthday greetings for August Sandra Johns and Lois Hindmarsh. Our next meeting will be on the 1st, August, this will also be our A.G.M. Sandra (Sec.)

Thank You
Harry Nears Murdoch
Ella and Family would like to thank everyone for floral tributes, cards, letters and phone calls and for attending Harry’s funeral.

Special thanks to Ella’s wonderful caring neighbours in Pavy Place, Val and John, Quambie Park Staff for the lovely care given to Harry, particularly Grevillea Ward Staff.

Also St John Ambulance, Doctor Owen and Caroline at Peel Emergency.

Finally heartfelt thanks to the Staff of Whelan Ward Palliative Care Unit at Peel Health Campus.

God Bless you all.

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God Bless you all.
Bad breath is one of the first signs of oral health problems in pets. Plaque - a colourless film - contains potentially harmful bacteria, that left unchecked, can build up and create infection in your pet's gums and impact vital organs. Preventative oral care reduces plaque and bacteria build up to reduce gingivitis and can promote better overall health.

Signs of oral disease:
- Bad breath
- Yellow-brown crust on teeth
- Bleeding gums
- Change in chewing or eating habits
- Tooth loss
- Abnormal drooling

STAGES OF DENTAL DISEASE
- Stage 1 - Gingivitis (reversible): Reddening of gums, bad breath and stains
- Stage 2 - Early dental disease (reversible): Tooth decay, reddening of gums, bad breath and gums starting to recede
- Stage 3 - Moderate irreversible dental disease: Sore red bleeding gums, gums recede further, bad breath, bone loss, pain and infection
- Stage 4 - Irreversible dental disease: Bone destruction and tooth loss, severe pain and infection

ORAL HEALTH FOR OVERALL HEALTH
Emerging science suggests a strong link between good oral health and heart and kidney health.
- Plaque builds up on a pet's teeth
- Bacteria in the plaque irritate the pet's gums
- The irritated gums bleed, allowing bacteria from the plaque to enter the bloodstream
- Bacteria in the bloodstream travel throughout the body, and can negatively impact vital organs, such as the heart and kidneys

Fortunately, with the right care and professional expertise, the risk of oral disease can be reduced.

STEPS TO BETTER ORAL HEALTH
Check-ups
Just as people should have regular check-ups by their dentists, pets need annual dental check-ups by their veterinarian. For pets that form tartar quickly or those with a history of oral problems, more frequent exams and regular professional cleanings may be advised.

The right nutrition
In addition to brushing and regular dental check-ups, good oral health ideally also require a pet food specially formulated to clean teeth, such as Hill's Prescription Diet™ t/d™ Dental Health. Hill's t/d™ works like an edible toothbrush, so daily dental care can be as easy as feeding your pet.

Brushing
Daily brushing is the foundation of oral care. By brushing your pet's teeth daily, you can make a big impact in your pet's oral health. Plaque should be removed from your pet's teeth every day, before it mineralises into tartar. Brushing your pet's teeth properly each day will remove plaque build-up.

A healthy mouth is a healthy body. You can help your pet maintain good oral health through regular dental check-ups and the right nutrition such as Hill's Prescription Diet™ t/d™ Dental Health pet food, which works like a toothbrush to clean teeth and fight bacteria.

HILL'S PRESCRIPTION DIET™ T/D™ DENTAL HEALTH
- WORKS LIKE A TOOTHBRUSH to protect against gingivitis and fight bacteria.

ORAL HEALTH FOR OVERALL HEALTH
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Waroona Community Resource Centre
10 Henning Street, Waroona WA 6215
Phone: 9733 3011
Email: wccsdo@westnet.com.au
Webpage: www.waroonacrc.net.au
Opening Hours: Monday to Thursday 9am till 4pm
Friday 9am till 3pm

OC CHIROPRACTIC
Dr Chad O’Connor will be at the Waroona Community Resource Centre each week.
For appointment days and times please phone Chad on 0458 940 981

TransWA
FOR TRAIN TIMES AND BOOKINGS
1300 662 205
BOOK YOUR TICKET ONLINE OR VISIT
LOCAL AGENT AT THE COMMUNITY RESOURCE CENTRE
www.transwa.wa.gov.au

Mandurah Podiatry
Visit the Waroona Community Resource Centre once a month
To make an appointment with the Podiatrist please call their office on 9535 9143.

Free Community Kitchen
Community Resource Centre
Every Tues. from 11.30am to 1pm
Come along to the Waroona Community Kitchen and join us for a meal of soup, bread & fresh fruit at NO cost..
We look forward to seeing you there

Family Support Service
Our Service is to support families and individuals within the community. We work to empower families and individuals to enhance their own abilities, so they can acquire the skills, knowledge and self-confidence to manage their own day to day lives. We are committed to providing a quality service to those living in the areas of Waroona, Harvey, Yarloop and Preston Beach. We operate out of the Resource Centre. Call 9733 2902 to make an appointment or email: woroonafss@zoho.com
This is a confidential, free service.
Funded by the Department for Communities

SHIRE OF WAROONA
FOR LEASE
The Shire of Waroona has an available suite of consulting rooms/offices for lease at the Waroona Community Health Resource Centre, Henning Street, Waroona.
The suite contains a reception and waiting room area with adjoining storeroom/staff room; disabled toilet and shower room; 3 consulting rooms/offices – one with attached storeroom, one with outside access.
The main building is security alarmed, however, the suite has direct outside access. The suite is a separate locked-up area of the main building, however, internal access to all the facilities of the Community Resource Centre is available.
The suite has previously been used as a Doctor’s surgery and is suitable as medical consulting rooms or general office space. Further details are available on the Council’s website www.waroona.wa.gov.au. Enquiries can be directed to the Waroona Community Resource Centre Manager, Trish Witney, on 08 9733 3011.

IAN CURLEY - CHIEF EXECUTIVE OFFICER, SHIRE OF WAROONA

SHIRE OF WAROONA
NOTICE OF MEETINGS 2018
The Council of the Shire of Waroona will hold its Ordinary Council meetings on the 4th Tuesday of each month,
(Unless advertised otherwise).
Meetings will be held at the Waroona Shire Council Chambers, rear of 52 Hesse Street, Waroona commencing at 4.00pm. Members of the public are welcome to attend.

IAN CURLEY
CHIEF EXECUTIVE OFFICER
Lake Navarino Holiday Park

Lake Navarino Holiday Park has many types of accommodation ranging from powered and unpowered camping to cabins, park homes, glamping tents and a 10-man cottage. Our fully licensed restaurant is open Weekends all year round and weekdays during busy season. We can also cater for functions. Whether you’re visiting for the day or staying with us come and relax and enjoy the nature and the beautiful wildlife.

Creative Arts News

The seasonal weather seems to have some of us hibernating a little, and also other appointments have taken priority so there have been a few member absences on various days at the Centre. Five of our group have now completed their ‘mystery quilt’ with very impressive results. It was a very interesting project but probably not one to be repeated any time soon. Definitely no more flying-geese for a while. We now have the opportunity to display our efforts at the Waroona Show and also at the Hanging on the Highway quilt exhibition to be held at the Visitors Centre in October. Our spinning group is going well and patchwork and mixed media are continuing on with various projects. To assist with covering the insurance costs and general upkeep of the Creative Arts Centre we will be holding a Father’s Day raffle on Friday the 24th of this month which will be in perfect time for Father’s day which is the following week. This is a new venture for us and to contribute to this special day members are now on the hunt for items with fatherly or grandfatherly appeal. The raffle will be drawn on the day, around late afternoon. There is usually something happening each day at the Creative Arts Centre and new members along with new ideas will be very welcome.

WAROONA ACTION GROUP

You may have noticed a smattering of colour around town in the form of red tail flags at several local shops and artist’s galleries. This concept came from members of the WOW sub-committee and was pushed forward by Lesley Austin, Mel Osbourne and Cassi Jo Davis to bring colour and a connected flow from business to business as an attraction to tourists and locals alike. The Waroona Lions Farmer’s Market is on again at the Memorial Hall, Sunday the 5th of August and is becoming a great drawcard to Waroona with an average of 30 stalls and an amazing range of goods and food available. The Action Group is currently looking for volunteers to help out with the market, so if you could spare a Sunday morning we would love to hear from you. Call or text Pat 0413 618 475.

The Waroona Action Group would like to thank the following businesses for their support in the endeavours of the action group to bring about great things for our community. Waroona Freight, Totem Rustic, Cow Girl Blues, Moon Beam Dream, Waroona Hotel, Waroona Home Timber and Hardware, Chief Medical, Waroona Professionals Real Estate, Waroona Wellness Centre, Evertrue Business Solutions, My Cleaning Lady Sri, Mike Walmsley, Redtail Studio and Woods of the West.
Waroona Play Group

Term 3 at playgroup is well underway! Week 1 started with the children getting in touch with their inner creativity and completed some rock drawing craft. Everyone thought it was great to draw on rocks rather than paper, even the adults! Yesterday everyone put their dancing shoes on and boogied their booties away at our Dance Disco Party thanks to Kids Parties 4 U! Peppa Pig made a special guest appearance and the children thought she was terrific! There was lots of fun to be had with bubbles, disco lights, balloons, games and music, it was certainly a playgroup session enjoyed by everyone! Thank you to everyone who came along. Waroona Playgroup is a very friendly and welcoming environment for all. We cater for children aged 0-5 years. Come have a cuppa while the children enjoy the fantastic facilities. You can find us at 2 Henning St, Waroona on Mondays, Tuesdays and Thursdays from 9am -11am. Please bring a piece of fruit to share.

Peel Harvey close to 100% voluntary response to cotton bush compliance.

The latest cotton bush compliance report has been released from the Department of Primary Industries and Regional Development (DPIRD) and shows property owners in the Peel Harvey region have an overall voluntary compliance rate of 93%. DPIRD will only carry out an annual compliance program in areas where there is sustained community action in the management of cotton bush, such as the work done by the Peel Harvey Biosecurity Group (PHBG). During the 2017/18 compliance program DPIRD engaged with 14 properties, 60% required a second visit and seven Pest Control Notices (PCN) were issued to non-voluntary compliant properties. Remedial action was needed on two properties who failed to comply with their PCN, giving an overall voluntary compliance rate of 93%. Shire of Murray rangers have been working towards becoming inspectors under the BAM Act and have undergone general BAM Act training conducted by DPIRD. Through this delegation a further 14 properties were inspected within the Shire of Murray, by Shire rangers and DPIRD Officers, for cotton bush compliance. 100% of the properties inspected initiated voluntary compliance. Vaughn Byrd Chairperson of the PHBG responded to the report “The Peel Harvey Biosecurity Group is committed to working with the local community to identify and engage with cotton bush problem areas.” “The group relies on reports by local landholders of cotton bush infestations to make sure the compliance effort is effective. It’s encouraging to see once engaged with, most landholders voluntarily control their cotton bush” “The group is happy to support property owners with control information if they are struggling to get on top of their cotton bush.” Christine Comer, Senior Compliance Officer for the Department said “The Department faces challenges working with absentee landowners. Success in controlling declared weeds requires action from all landowners and the Department will continue to work actively in the Peel Harvey region again this year. Narrow leaf cotton bush (cotton bush) (Gomphocarpus fruticosus) is a declared pest under section 22(2) of the Biosecurity and Agriculture Management Act 2007 (BAM Act). It is a widespread and established weed in the southwest of Western Australia and recognised as a threat to agricultural land in the Peel-Harvey area. Landholders can help to direct effective declared pest management by reporting issues, such as cotton bush infestations, by sending accurate location information to comms.phbg@gmail.com or through the groups Facebook page.
Lawn shrimp, *Arcitalitrus sylvaticus*, pose no threat to humans, pets or the environment, but can give people a shock when they appear in mass numbers in and around homes and other buildings in winter. **What are they?** Lawn shrimp are terrestrial crustaceans and need to live in moist soil. If the soil is too wet or too dry the shrimp escape only to find themselves quickly dying of dehydration and starvation. Although rarely seen except when weather conditions force them to the surface, these tiny 5-20 mm nocturnal soil dwellers are doing an important job. Found within the top centimetre or so of soil and mulch they feed on dead organic material, particularly eucalyptus debris, turning it into fertiliser for the garden. Lawn shrimp are related to marine and freshwater crustaceans but lack the waxy coating on their exoskeleton which aids retention of moisture. Equipped with seven pairs of leg like appendages, they move with a springing action using their three pairs of "hind" legs. Mated female lawn shrimp lay eggs in a pouch on the underside of their body. The babies are a smaller version of the adults and leave the pouch soon after hatching. Lawn shrimp are native to south eastern Australia but have spread worldwide, mostly through the transportation of eucalyptus plants. **Control** - There is no need for control, other than to sweep them up and return them to the garden to add to the organic content of the soil. If present in your garden, these cute little crustaceans will disappear with the return of drier weather, so why not enjoy these little curiosities.

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### STRATEGIC ASSET & BUILDING SOLUTIONS

**NOW SERVICING WAROONA & MURRAY DISTRICTS**

- Rental Property Repairs & Maintenance
- All General Repairs & Maintenance
- Pre-Sale and Post-Sale Property Inspections/Appraisals
- Project Management Services

**DAVE BLACKMAN**

HIA MEMBER

you’re in good hands

- Building & Practitioner Registration

**Mobile:**

0417 979 403

Email: davidblackman4@bigpopnd.com

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### ALCOA DISCOVERY CENTRE

**T:** 08 9530 2400  **E:** tourcentre@alcoa.com.au

There’s a lot to discover at Alcoa with free tours of our bauxite mines and world class rehabilitation, alumina refineries and worm farm.

Contact us to book your seat and enquire about our education curriculum aligned tours.

**FREE Public Tours**

Every Wednesday, tour the Huntly Bauxite Mine and Pinjarra Alumina Refinery. On the first Thursday of each month, visit Willowdale Bauxite mine and Wagerup Alumina Refinery.
The big event for July was our Change Over night at Waroona Bowling Club on Saturday 7th July. This year our Installation Officer was the delightful Marg Sparkman, District Zones Coordinator. The evening started with Co MC, Lion Lynley Young introducing all of our guests from visiting Lions Clubs from Boddington, Collie, Falcon, Harvey and Pinjarra before Lion John Clare introduced Marg for a toast to Lions International. She then installed our new Board for 2018 - 2019, President Mike Whitney, Secretary Kirsten “Ranga” Goode, Treasurer Rose Reynolds Davis, Vice President Lynley Young, Second Vice President Pat Deleo, Membership Chairman and Communications and Promotions Chairman John Clare, Director Steve “Wookie” Davis and Lion Tamers Alan Lochowicz and Bill Rafferty. This is a really great group of people to lead us through the next year including 3 women (the most ever), 2 brand new members and 5 stalwarts. Past District Governor, Grant Hewett then inducted new member and inaugural LEO President, Reegan Davis, our second LEO to graduate to the Lions. Reegan will be taking the place of Past President Lisa Fry on the LEO Advisory Committee. The final part of the evening was for new President Mike Whitney, to not only give his address outlining his objectives for the coming year but to then give out two special awards.

The first was an “Appreciation Award” for Grant Hewett who is leaving our club after 13 years and retiring to Margaret River, where he will transfer to the Lions Club there. Grant joined in 2005. He then became Vice President the following year and President after that in 2007/8. He was obviously very ambitious even then!! He then became Secretary in 2008/9 as well as Past President of course, a Director for the next 3 years and again in 2013. As an incredibly active member of the Waroona Lions Club, he was the main driving force behind the Waroona Monster Auction (when it was still an auction and before it became a garage sale) and developed it to be the Club’s biggest earning project, grossing 14k in one year. He was also one of the main driving forces behind the monthly Farmers markets when it was first established at Centennial Park. He is a vast font of Lions procedures, knowledge and expertise and will be very sorely missed, as not only a valuable member of our club but also as a respected advisor, interpreter and guide on all manners of Lionism to us. Unfortunately Grant’s award had not turned up in time and we will have to meet up with him at a later date when it does!! The other award was the “President’s Award” which in spite of its title, Past President Lisa decreed should be voted on by all members by secret ballot. The winner of this award was my humble self, John Clare. I was awarded a James D Richardson Award for my contribution and leadership of various projects and for the formation and driving force behind the Waroona LEO Club. James D Richardson was the first Australian Lion in 1958 to be appointed to the Lions International Board and probably did more than anybody to drive the growth of the Lions in Australia, so I felt incredibly honoured to receive his award, as well as the enormous gratitude of being recognized by my fellow club members. The rest of the month was relatively quiet. The markets had their best fund generating months since Waroona Action Group took over and a group of us helped clean up the sheds and gardens for Julie Nichols, wife of Ron Nichols, the town’s long time school bus driver and money collector on the gates at the Waroona Demons home games. Ron sadly passed away from cancer recently and we felt that we should do anything that we could, to help this Waroona icon’s family. Our next big event is the Monster Garage sale on Saturday August 11th (see ad elsewhere in this publication).

FINALLY, DON’T FORGET, WE ARE ALWAYS LOOKING FOR NEW MEMBERS FOR THE LIONS. Contact me, John Clare on 0407 080671 or Secretary Kirsten Goode on waroonalionsclub@gmail.com
The LEOs also had their Change Over Night, again at the Bowling Club on Monday July 2nd. Their Installing Officer was Youth Services Coordinator and Incoming District Cabinet Secretary, Lion Margaret Amm. Lion Heinz Fuchs in the guise of Clarrie the Lion welcomed everybody at the door before Lions President Lisa Fry opened procedures. LEO District Coordinator, Leanne Shaw inducted 3 new members, Lincoln Lawson, Kane Dwyer and Morgan Deleo before Margaret installed the new Board for 2018/19, President Xavier Deleo, Secretary Sam Goldsworthy, Treasurer Lincoln Hawke-Dufall and Vice President Ben McWilliams. Then it was my honour to present our LEO Of The Year award, which this year went to Lincoln Hawke-Dufall for his fantastic commitment to all of the club’s projects and his willingness to become part of the new leadership team. Congratulations Lincoln!!! Well deserved!

The LEOs are looking forward to a third fantastic year. They move to a new and third meeting venue this month at the Hairy Lentil whose owners have very kindly offered their fantastic café to the young group free of charge! THANK YOU MARK AND SHAUN!! The members of the new Collie LEO Club will visit them on their first meeting there, together with their LEO Advisors. They are coming to learn how we do things and it is exciting to finally have another new LEO club in the district. Then they have several projects lined up for the new FY including a Community Quiz night at the Memorial Hall on Friday October 12th, being asked by RecFishWest to cook for their Family Fun Day at Drakesbrook Weir on Saturday 1st September for the second year running and manning the gates again for the Vintage Machinery Rally on Sunday October 21st. It’s going to be another busy year and we wish the new leadership group every success in taking the Waroona LEOs to the next level.

IF YOU WANT TO SUPPORT THE WAROONA COMMUNITY AND HAVE FUN AT THE SAME TIME AND ARE AGED BETWEEN 12 AND 18 AND WOULD LIKE TO JOIN, CONTACT OUR SECRETARY, SAM GOLDSWORTHY AT leos.waroona@gmail.com OR MYSELF, JOHN CLARE, LEO ADVISOR ON 0407 080 671.

Waroona St John Ambulance.

Annual General Meeting
20 August - 7.00pm
1 Henning St Waroona

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Written nominations to Secretary by 9 August

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The 21 June gathering had a wonderful time going through numerous bags of yarn & other wooly items generously donated by Pat. It was a bit like Christmas sorting things into piles for various projects for our community and so a big thank you to Pat. Coral had 14 beanies for Peel. During a short spell in hospital Joy kept busy and crocheted 2 beanies. However two people in the hospital loved the beanies & encouraged Joy to sell them which she did and then donated the money back to the group to purchase more yarn. Well done & thank you Joy who brought along another beanie for Peel Health, another 5 beanies for Peel from Lois. Barbara had finished a lovely crochet rug which will go to Vinnies possibly to be raffled later and Vanessa continues with her crochet rug. Coral received in the mail a certificate of appreciation from Waroona CRC for National Volunteer Week for Coral's Charity Knitters. Nola is now back with the group and is driving again, although surgery is planned for one of her hands so driving will be off her agenda again. The 5th July had nine ladies present. Nola attended a morning tea at the visitors Centre when a cheque for $2750 was handed over to our local St.John Ambulance centre. The next recipient for the proceeds of community items donated at the Visitors Centre will be our Waroona Community Car. Coral read out a card of appreciation from the Armadale-Kalamunda group and a thank you letter from Peel Health. Beanies for peel health 9 from Coral in yellow flouro yarn (now all used up!) and 2 from Debbie. Other items we held for later use have now been distributed – 2 large crochet rugs and 4 pairs knitted slippers to Pat Thomas House, 3 baby crochet blankets from Debbie to Peel Health, and the character coat hangers from Joy to the Visitors Centre for the community car. Barbara had previously taken home 4 donated crochet squares to ‘do something’ with them….as one does…. and so she had joined the squares and added more rounds of crochet to make a lovely good sized rug which has gone to Vinnies along with a good sized knitted rug. Vanessa is now doing a crochet baby blanket, and Jane had 1 small beanie for KEMH plus a childrens' book donated by the Creative Arts Centre for Radio Lollipop. Our next dates at the library are Thursday 2nd, 16th and 30th August followed by 13th September. New members are most welcome or just call in and see what we're up to.
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Event details
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• Freshwater Fishing Tuition for all ages (30 rods provided) – Members of the Western Australian Trout and Freshwater Fishing Association will be on hand to teach you all about fishing in freshwater, along with our Recfishwest Fishing Clinic Instructors
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DERBY DAY FOR MOORIEL

West Coast Eagles and the Dockers will fight it out on August 4th and Mooriel is set to take advantage of the interest these derbies generate with an outfit designed and created by Sarah Robertson. Kayla Crawford-Ferguson and Carole Mason both got into the spirit and after showing their goodwill with a handshake took a moment to kiss the cow for good luck. St Joseph Primary School students and cousins Gemma Pinzone and Dante Pinzone continued the family rivalry. Make sure you get along for a selfie with Waroona’s favourite cow and tag her on Instagram @Waroona Cow or tag Waroona Visitor Centre & Gallery and Yarn Bomb Waroona on Facebook.

Bush Poles

The Visitor Centre, northern tourist bay, Preston Beach and Lake Clifton heritage bush poles were cleaned and recoated in June by Janet Paton and her brother Peter of Paton’s Painting Service. Janet, a well-known local with an excellent reputation in her trade, was delighted to have the opportunity to work on the poles because of their cultural and artistic significance to the area.

Fundraising by Creatives

Visitor Centre Creatives work in many mediums (yarn, mixed media, wood, paintings, sculptures, quilting, etc.) and generously donated items that saw an amount of $2,750 donated to St John Ambulance to purchase much needed Ipads. This brings to $11,000 raised for local causes including the Waroona Community Car and the Leos. Pictured: Danielle Wilson, Deb Morley, Mike Rice, Andy Templeman Twells and Darren Morley Local librarian and Visitor Centre artist Polly Bonner being tended to by Danielle and Darren. Darren is also pictured looking after Mooriel before giving her a kiss better.

Yarn Bombing

Volunteers Rudi & Trudi Kohlfurst recently created two pieces for the Canberra Warm Trees Project held in July. One represented The Heartfelt Project and the other was made from pieces knitted by Marie Thomas who has donated enough knitted lengths so far to cover a tree and to make two large serpents. These can be seen near the Visitor Centre together with some new additions to brighten up the area.

A Hanging on the Highway

The inaugural local quilting exhibition, A Hanging on the Highway, was an outstanding success in 2014 and is set to return this October. Entry forms now available from Waroona Visitor Centre for this exhibition to showcase the wonderful talent of Waroona and surrounds. If you’re from Shire of Waroona, Yarloop or Coolup call or email for more information.
FREE SHOW RIDES AT THE WAROONA SHOW!
Because we know kids have so much fun at the Waroona Show and also making, cooking, growing and taking photos of things to enter into the show each year, we have decided that for the 2018 Waroona Show every child who enters 12 or more entries into our Children’s Sections in all Arts, Crafts, Cooking, Flowers, Fruit, Vegetables and Manual Arts and the Junior Photography Section, will receive a ***Free Show Ride***. If you are really enthusiastic and enter 22 items we will give you a ***Free Show Ride and a Free Show bag Voucher***. And with that many entries in the Show not only are you in with a good chance to win quite a lot of show prize money but also a trophy at the presentation on Show Day at 3:20pm. Remember if you get a first, second or third certificate on your entries you must collect your prize money from the Treasurer’s Office on Show Day.

**Here is a little hint** – usually the Open Age Groups and 16 Years & Under Age Groups do not have many entries so you if you put in 22 entries and won at least 6 First Prizes ($18), 8 Second Prizes ($16) and 8 Third Prizes ($8) you may collect up to $44 in prize money plus a bonus Show Ride and Show bag valued at around $10 each. That is an easy $64 you don’t have to ask mum and dad for or use your hard earned pocket money. And you will also receive an amazing prize if you win most points in some sections in your age group. In the older age group the prizes are $25 iTunes cards, Movies passes, Ten Pin Bowling passes or $25 JB HiFi cards. The same applies for the younger age groups – the more you enter, the more fun you have and you could also win prize money. For the very young, 6 & Under age group, we have a very lovely and kind local lady, Mrs Margaret McKay, who every year donates a prize in each section to the youngest of our entrants who have never entered before or won a prize certificate. This is a wonderful way to encourage our youngest kids to create and enter and be part of the Waroona Show. Look out for the 2018 Waroona Show Books at your local shops in the next couple of months and use your next school holidays to bake and make things. Start looking at your vegie gardens and fruit trees now and think about what will be ready for early October. Take some fantastic photos each day and pick out the best for the photography section. All the information you need will be in the Show Book.

NEW AT THE SHOW
The wonderful local owners of Waroona’s Terry White Chemart, Judy and Larry approached the Waroona Agricultural Society with the amazing idea of an ITALIAN SAUSAGE COMPETITION and are also kindly sponsoring this new Category at our 2018 Waroona Show. All the details will be in the Waroona Show Schedule (Hall Section) which will be available at all your local shops and businesses soon. Do you make a good Italian Sausage? It’s time to showcase your expertise. The categories will be as follows:- 1. Traditional Italian Sausage (1 sausage) 2. Antipasto Plate - a family or individual may enter this class. Terry White Chemart Waroona will present these prizes:- Class 1 - 1st prize $40 gift voucher at the Pharmacy and 2nd Prize - $20 voucher. Class 2 will have a similar value prize. Waroona Ag Show committee would greatly appreciate you having a go to compete against other Locals.

Preston Beach Planting Day
The Shire of Waroona, in partnership with the Preston Beach Progress Association, were again successful in securing funding from the Western Australian Planning Commission’s Coastwest program for the Preston Beach Dune Restoration Project. The funding supported dune brushing and planting activities that assist in preventing 4WD access to the established foredunes, stabilising dune blowouts and reducing the impacts of erosion. Stockpiled native green waste was again re-used as brushing to rehabilitate eroded dunes both north and south of the carpark. The annual planting day was held on the 13th June, with the year 7 and 8 Bush Rangers from Waroona District High School attending. The students were successful in planting 500 seedlings in the dunes north of the Preston Beach carpark and the dunes west of the northern beach access track. The day finished with a sausage sizzle and a visit from the emergency volunteer fire fighters and the local police. Since 2011, the success of the project has been attributed to the participation of key local community members and external funding. Therefore, the Shire would like to thank the officers at the Department of Planning for their assistance with the Coastwest grant, as well as the Preston Beach Progress Association, Preston Beach Volunteer Rangers and the Waroona District High School for their ongoing support and participation in this fun and environmentally sensitive project.
Door to door traders ignoring ‘Do Not Knock’ stickers

Door to door salespeople who ignore ‘Do Not Knock’ stickers on homes may face prosecution, Consumer Protection has warned. The agency has received several reports from Perth consumers claiming that they were visited by door to door traders despite having a ‘Do Not Knock’ sticker displayed. The Federal Court has previously ruled that the sticker conveyed a clear and unambiguous request for a salesperson to leave without knocking on the consumer’s door. Commissioner for Consumer Protection David Hillyard said, under the Australian Consumer Law (ACL), salespeople must leave immediately when asked to by the resident or by the consumer they are selling to on the doorstep. The Court ruled that displaying the sticker was akin to requesting the salesperson to leave the premises and, if they persist, they will be in breach of the ACL,” Mr Hillyard said. “Companies that employ door to door salespeople must educate them to understand that they can’t knock on the door if there is a sticker or sign displayed or both the company and individual involved will be liable to prosecution. Consumers who don’t want to be disturbed by travelling salespeople are encouraged to get a free sticker from Consumer Protection and display it in a prominent place such as on your front door or near the doorbell. This is particularly important for people who may feel uncomfortable asking a person who is already on their doorstep to leave including those who don’t speak English as a first language. These stickers do not prevent people knocking at your door seeking donations for licensed charities or to promote religion, but they should deter people from selling goods and services. A salesperson must not visit you on a Sunday or a public holiday, before 9 am or after 6 pm on a weekday or before 9 am or after 5 pm on a Saturday. However, a salesperson may visit you at any time with your consent. Consumers can request a ‘Do Not Knock’ sticker by sending an email request to consumer@dmirs.wa.gov.au with their full postal address or by calling 1300 30 40 54. If a consumer does have a “Do Not Knock” sticker, and where a salesperson still knocks at their door, then this can be reported to Consumer Protection. More information concerning unsolicited consumer agreements can be found at: https://www.commerce.wa.gov.au/consumer-protection/unsolicited-agreements.

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Jean Higgins turned 99 years old this month in Quambie Park!

She was born Jean Thomas at Menzies WA 14/7/1919. At the age of 12 months Jean moved with her family to Yarloop. Jean attended the Yarloop Primary School until her school years were completed. She was a keen hockey player for Yarloop, and worked at Whatman's General Store which was situated at the Yarloop workshops. Jean married Ken Higgins whom she knew and went through school at the same school. At the age of 21 Jean enrolled in the Australian Army and remained there until her discharge three years later. Ken remained in the Army until the end of the war. When Ken was discharged they purchased the shop at Yarloop and commenced having a family consisting of 3 children, Colin, Maree and Cheryl. Disaster hit the family in 1960 when the shop was burnt to the ground because of an electrical fault with a fridge. Both Ken and Jean were determined to just get straight back up and rebuild a new shop as loyalty and passion for the town of Yarloop. There they remained in business for a total of 32 years, until the shop was sold in 1979. Jean was a favourite and renowned for her home made meat pies - the recipe is still a closely guarded family secret. Higgy's pies and pasties were the best and customers from far and wide would stop by, just for these famous pastries. Often the phone would ring and people would place an order in case they missed out. Monday to Thursday Jean would be up at 5am, light the wood fire, make Ken a cuppa, cook the mince for the meat pie and then the long day started with the newspaper delivery. The newspaper was dropped off in a tin shed on the highway and then would stand in all sorts of weather and roll the paper for the deliveries to homes in the Yarloop area. Home again, she would start cooking the pies and pasties, open the shop which consisted of groceries, newsagency and drapery at 8am until closure at 9pm. The business hours were Mon to Sat and Sunday 8-12, 5-9. The 5 hour break was for Jean to get down on her knees and rub the nugget into the floor boards and then polish to a shine along with all the usual chores. Friday night was a big night as the Town Hall held picture night and at interval everyone came to buy their Jaffas and milkshakes. They loved their Jaffas as they would roll them down on the old floor during the movie. Before the first shop burnt down, there was a billiard room and dance floor. On Saturday nights Mum would make the supper, Dad and his sister in law Joan would play the piano while the townsfolk danced the night away. Mum also loved the local dances in town and with a group of friends they often walked to Wagerup or Cookernup for the town dances. She also loved her knitting and enjoyed making the knitted coat hangers for the annual Pam Corker fete! Ken passed in 1996 and Jean remained in her home until it all became too much for her. She moved into Pam Corker House on the 31st January 2011. Jean has been well looked after by the wonderful staff. She says that "Everyone cares and spoils me"

The Power of Blessing

There is power in the blessing of having a hope for the future. With the frantic pace of modern day living, the restructuring of the workforce and the ever changing values and attitudes in society, many people are without hope and struggle from day to day to cope and make sense of it all. During a recent radio interview, the CEO of a charity which helps people in financial distress to put food on their tables, spoke about the importance of having 'a hope for the future.' His organisation worked on the principle that if you give a person a fish when he is hungry he will be satisfied for a day but if you teach him to fish his hunger will be satisfied every day. So as part of their charity work they not only provide food but financial counselling and skills training to equip and integrate people into the workforce. One of the first questions they ask participants is; ‘What are your plans for the next twelve months?’ The CEO estimated that probably in excess of ninety percent of the people counselled have no plan for the next week, let alone next month or year. Mostly the people needing help are without hope and simply existing from day to day. The charity has great success in getting people out of the poverty trap and into meaningful work. They help with planning for the future and it gives the people hope for a good long term outcome. GOD knows how important it is for us to have a hope for the future. HE says in the book of Jeremiah chapter 29 verse 11 ‘For I know the thoughts and plans I have for you, says the LORD, thoughts and plans for welfare [good] and peace and not for evil to give you a hope in your final outcome’ (Amplified version). That ‘final outcome’ is our eternal future and according to the Bible, we all have an eternal destination. Whether that outcome is good or bad depends on the choice we make – whether to receive the free gift of eternal life through JESUS CHRIST or to perish without a saviour, condemned to eternal death. The Apostle Paul in his letter to the Roman believers told them that ‘the wages of sin is death; but the free gift of GOD is eternal life through JESUS CHRIST’ (Romans 6:23). We are precious to GOD. It is not HIS will that any soul should perish. HE loves us passionately and wants to spend eternity with each of us. But there is only one way that can happen – and that is by choosing to follow JESUS - the ONE who died in our place to pay the wages of our sin. So - what are your plans for the future – your eternal future? The Bible tells us that our mortal lives here on earth, are just a moment in time; as temporary as a mist or vapour that quickly dissipates. The question is – ‘Do we want to live for ‘a moment in time’ here on earth without any hope of eternal life once our physical bodies die? Or do we want to live every moment while we are here on earth with every hope for the free gift of eternal life through JESUS CHRIST?’ There is power in the blessing of having a hope for the future. JESUS is our only hope for eternal life. HE is the only way! Why not choose JESUS and eternal life today and be blessed to be a blessing? Cheryl.
I did say in last month’s issue that I would discuss probiotics this month but I have changed my mind and will leave that for another issue. I have decided instead to introduce you to 500+ Bio-Compatibility Hair Analysis programme that I offer at Wise Botanicals. I have received many questions about it recently and so thought I would share more about it. This novel hair analysis is to find foods, personal care products and household products that are compatible with your body, making everyday foods truly your medicine. This programme is incredibly useful if you have skin conditions, digestive issues, hay fever, sinus, fatigue or behavioural issues and lots more. The Bio-Compatibility System is the result of over thirty years of research and development by qualified Naturopaths in Australia. This is a Naturopathic Wellness programme which is used in more than 20 countries. Here is how it works. The technique is based on the way in which foods and products benefit the individual person. Each person is unique so it obviously follows that when it comes to foods and household products that, “one size does not fit all”. Each individual has his/her own nutritional and energy requirements. Have you noticed that some foods give you energy and can revitalise you while others seem to drag you down and aggravate existing symptoms? Bio-Compatibility Hair Analysis is about finding local foods and household products that suit the individual.

It is not based on Nutritional advice nor is it a Medical programme designed to treat diseases. This is ALSO NOT AN ALLERGY TEST.

It is a 6 month WELLNESS PROGRAMME that follows the Naturopathic principle of; “Feed the body correctly and allow the body to repair itself”. It is important that one remains on this programme for 6 months in order for the immune system to have the time to repair and strengthen. Between 6 and 9 months a retest is done at a lower fee to determine which foods and/or products can be reintroduced back into the diet. With some people there are foods/products which they need to permanently remove from their diet. These items come up again and again in the retests and the individual actually knows that when they consume this food or beverage or use this product that x will produce certain symptoms. It is also very important that we adhere to the foods/products that are compatible in the report otherwise in all honesty, what is the point of it all if you won’t adhere to it? Using a small hair sample that we send away to a testing laboratory over East, Bio-Compatibility testing identifies the influence (either positive or negative) that each of a wide range of foods and products has on the individual body. This way we are able to determine which foods and products should be avoided and which can be used. Remember that when we feed the body correctly it can function much better and this allows the body to start the process of repairing and rebuilding. By feeding the body in line with the Bio-compatibility test results we are enhancing cellular function. Correct cellular function leads to good organ function. Good organ function leads to good immunity and elimination, NATURALLY. By using this test and repair programme we are giving the body the tools it needs to help return cells to a state of ease so they can function better. There is the standard test which covers a list of over 500 items — including all food groups, bathroom, laundry, gluten-free and kitchen products. The focus is on what you CAN eat and use, rather than what you can’t. It includes common local brands found in supermarkets (Coles, Woolworths, IGA, Aldi) and health food stores. Each item is tested in the form it is usually consumed (both raw and/or cooked where applicable). Then there are also two speciality tests; one for babies and one for animals. A clear, comprehensive and thorough report is compiled and sent to me which we will go through together at your follow up appointment. The list may flag cheese however you may be fine to continue eating yoghurt. Both dairy, but what is different is the biochemistry of the food and how your body reacts to the food.

Another example might be that the test reveals you may need to remove tomato sauce from your diet however you can still eat fresh tomatoes. It identifies foods and products which we would normally not consider for example carrots or snow peas or even vinegar. This test is very useful for when you have had allergy testing done and you have removed foods/products from your life that you are allergic to or very intolerant to but you may still be experiencing symptoms. This is a wonderful restorative programme that is so easy to adopt into your existing lifestyle. It is unique to you, clearly representing your very own individual requirements to get your health back on track using foods that are beneficial for you. “Let food be thy medicine and medicine thy food” – Hippocrates. Please contact me at Wise Botanicals on 9733 1254 for pricing and what steps to take for getting started on this programme.

Yours in Wellbeing Sandra

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Wise Botanicals Innate wisdom of plants to nourish and nurture
Waroona Poultry Club

Waroona Poultry Club has been busy over the past six weeks and conducted its Annual General Meeting on Tuesday 26th June 2018 held at WAS Rooms. Election results were as follows; President - Reece Jerrett, Vice President - Laurie Snell, Treasurer – Ken Landwehr, Chief Steward - John Kennington. The only change in the Executive was that Jodie Bonner was elected Secretary to replace Rebecca Nelson. Committee nominations and duly elected were; Lindsay Sturges, Pam Wade, Mavis Dilley, Janelle Waters, Michelle Jerrett. President Reece Jerrett in his first Annual Report was pleased with the continued growth and development of WPC and had attracted many new members. Another positive sign was adoption of a new Club Logo and the Club Shirts in either Purple or Grey was a good example of connecting with the Community, The Young Bird Show was an outstanding success and attracted entries from all over the state with two interstate judges from New South Wales with 295 nominations being received. Another Community involvement was a stall at the Serpentine Jarrahdaile Food Alliance. It was estimated that about 2000 patrons visited the eight varieties of poultry, two ducks in a play pond and different type of eggs being exhibited. The public fascination of blue green eggs laid by Araucanas and Cream Legbars was clearly evident. The Club has received a Shire Community Development Grant of $800 as the first step in the “Double Delight” expansion project. Word has just been received that applications for the Alcoa Waroona/ Wagerup Sustainability Fund will now be received in May/June 2019 after expressions of interest closed 31st May 2018. President Reece was looking forward to the year ahead, meeting new challenges and active involvement in the programmes conducted by the West Australian Poultry Association (WAPA). A special meeting will be conducted by the club on Tuesday 14th August 2018 to vote on a special motion - Waroona Poultry Club to become its own identity with its own constitution after six years (2013) initially as a steering committee and then sub committee of Waroona Agricultural Society. Club members have been busy with WAS volunteer Marilyn Lochowicz and Secretary Alison Birch putting together the new poultry schedule for Waroona Show on Saturday 6th October 2018 which is only ten weeks away. Feature Breed for the 2018 will be Belgian Bantams.
Our girls are all recovering from school holidays and easing back into our activities & challenges, we’re planning a couple more campfire days (nothing beats a camp cookout!) and a wood raffle so look out for us selling tickets soon.

Keep an eye on Waroona’s local Facebook pages to see updates from our Leader-in-Charge Roo. It’s our girls favourite time of the year again, Biscuit Season! Find our biscuits at Dad & Dave’s Honey stall at the Waroona Markets Or contact Kristie on 0439372994 to make an order.

**Girl Guides Australia - Mission Statement:**
"Empowering girls and young women to be confident, self-respecting, responsible community members."

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Waroona Netball teams are flying the flag high in 2018 for the Demons and both League and Reserves are destined to play a major role in the Finals for Season 2018 with qualifying games just one round away. The League team is proudly defending their premiership title with goal shooter Donnelle Wallam leading the way. She only scored 53 goals out of 68 with an inspirational effort which also placed her as leading goal scorer tally three points ahead of Pinjarra’s Hannah Storer. Waroona won 68 to 43 and with Baldivis coming from behind in a shock victory winning 38-36 a jubilant Demons regained top spot. Waroona Reserves turned up with a 74-26 thrashing of Halls Head which leapfrogged them into second spot. In the open section Halls Head regained some pride winning 62-31 to remain top of the table and Waroona open squad despite a solid season are one game and percentage short of participating in the finals. The netball girls have been a great tonic for Waroona Demons with all three grades of football League, Reserves and Colts having their worst season in nearly two decades. Colts who forfeited last Sundays fixture versus Halls Head and the Reserves Squad are also on the bottom after winning the flag in 2016 when nine players missed out on making the final Grand Final Team of 22. Round 15 on Saturday 4th August will determine whether Mandurah Mustangs or Waroona win the wooden spoon. Waroona must win as Mandurah have the higher percentage. With no Colts last week only one player, Zac Elliot, had to double up for Reserves and sit on the bench for the League side. Both teams were very competitive with the Reserves losing by 7 goals and the League team by 20 points against Halls Head on a very wet and windy day for football. League Coach Dean Taylor has resumed playing with a shortage of available players and his grit and determination is a good example for a very young team to follow. Eight players from the previous week were missing and it enabled Stirling Moody to make his League debut and play with his older brother Zac. Zac Elliot played with Dad Kieran for the first time as well. Despite a lack of depth in season 2018 Waroona League Squad has tried their heart out. Colts or Reserve players who have made their league debut in 2018 include Harrison Hull, Adrian Goff, Jayden Lorimer, James Vincent, Jeremy Caratti, Zac Elliot, Isiah “Iggy” Della Franca, Stirling Moody, Nathan Chiera, Daniel Snell which equals 10 players or half the team. Apologies if I have missed listing anyone. Captain Rhett Mason gave another Best on Ground performance but sadly injured his upper hamstring when pushed by a Halls Head player after kicking the ball in the last 30 seconds of the game. Rhett continued the tradition of either a senior player or Captain, presenting a player with his League guernsey prior to the game. This tradition is creating team spirit. It may have been a long season without a lot of success on the scoreboard but with only 5 qualifying rounds to go, get behind your teams and retain the reputation as the most vocal and best supporters in the Peel Football & Netball League. The German Beer Fest after the Rockingham game Round 12 was a real cracker and sold out. Congratulations to the organisers Erin Mason, Mat Thomas and Ben Wright with tickets sold out with the Masters team forced to adjourn to the Drakesbrook Tavern for post match awards, food and celebrations. A special thank you to Mat Thomas Timbers for donating his time and hand crafted dinner tables and benches with proceeds going to the club. Over $1000 was raised for the “Little Doves” Charity, coordinated by Mitch and Ange Dawson for grieving families who have lost a baby and receive gifts in the healing process. Waroona Football Club certainly knows how to play football, party and fund raise for charity, despite being a small rural community. MC John “His Masters Voice” knows how to announce a worthy cause with passion plus, personified ensuring great outcomes.

Go Dynamic Demons. Waroona Demons Loud and Strong.

Forward Pocket
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Chook Yard Farmer Ken

Bird Show. A special bonus was a certificate and Sash awarded to Stella the Belgian Duccle Hen by the Belgian Bantam Club of Australia and a Rosette and Certificate for the best Belgian Duccle Millefeur Pair. Next item on the agenda with be Waroona Show on Saturday 6th October which is just 10 weeks away with Belgians the Feature Breed. Every day I have been rotating pens and allowing free range activities with hotel residents just loving the green grass and moisture scratching areas away from the muddy holding pens. This week have managed despite the constant rain showers to clean out the Gold Lace Wyandotte and Belgian Duccle pens and put the manure in Wally’s Orchard which results in a automatic fertiliser. I then spray the perches with Flygon and the concrete base with pestene powder to stop any stickfast fleas breeding and put some fresh Lucerne chaff on the floor which acts as both a hygienic base, food item and scratching material. A system that works extremely well to date. Another task is to plant 4 areas of seed potato in garden beds and tubs with protection from the chooks and thanks to Waroona Rural Supplies for making it available. Just maybe have some available for Waroona Show for the first time in two decades. Donny Fish and Chips used to drive to Waroona Show to purchase to show winning potatoes for their shop due to quality, size and freshness. May not be up to two Waroona Show Fruit and Vegie exhibitors Tony Deleo and John Marchetti standards and the main aim at this stage is just to get them to germinate despite all the rain. Certainly a marked contrast from 2017 to 2018. In the past week I have been busy scrrowning wood from roadside verges as my regular supplier has been unable to provide due to the extreme wet weather. Our two pet cats Leo and Boots together with Miss Henee love the natural heat which greatly reduces the power bill and also assists drying damp clothes. Pleased to report sold 40 fertile eggs with no guarantees being winter months to a lady named Amanda from Bridgetown and was shocked when candled the fertility rate was 65%. Her chicken regime of Gold Lace Wyandotte, Brown Leghorn, Cream Legbar, Araucana, and Belgian Duccle Bantams will greatly increase the variety of heritage chickens in her flock. With egg production increasing despite winter conditions now have some fertile eggs for sale at the Harvey Auction on Sunday 5th August at the Harvey Showgrounds commencing at 9.30 am till midday. Will also have a pair of Gold Lace Wyandotte “Rudolph and Winnie” and and a Gold Lace Bantam Pair :Diego and Sweet Pea available for sale. Also available will be some suitable chicken cages with the brooding season just 5 weeks away for new chicken lovers. My daughter Caitlin came home for a brief visit for five hours last Friday and spent two hours of that time bathing Miss Frizzle and Henry a Silver Lace Wyandotte with the latter being treated for leg mite and both for Stick Fast Fleas. Poor henry looked like a pink legged ibis after being sprayed with Centrigen to stop infection. Surprised by the number of friends in football circles and about town whose first comment is how are your chooks. Vice President of the Waroona Poultry Club recently attended the annual Hamburgher Exhibition Show in Dubbo, New South Wales and was kind enough to buy myself and John Kennington a special old style red cap which I proudly wore to football last Sunday at Halls Head Oval and Chookyard Farmer Ken stood out amongst the football supporters, players and officials. Next issue will be spring and already the year is 2/3 gone. Hope this article remains enjoyable reading as much as the writer enjoys telling you Chook Farmer Ken tales. Bye for Now Chook Yard Hotel (CYFK)
**Ladies Results**

16th May – Champagne Round. The winner was Helen Oliver 73 nett and the runner-up Sher Sharpe 74 nett. Sher and Helen played in the provincial in Brookton. They were winners in the Canadian Foursomes. Congrats and well done girls.

23rd May – Helen Lennon Trophy Day. The winner was Sher Sharpe 31 pts and the runner-up Helen Oliver 30 pts.

30th May – Kaye Muhleisen Trophy Day. The winner was Sharon Williamson +3 with Del Leahy -4, the runner-up.

6th June – Champagne Round. The winner was Helen Oliver 71 nett with runner-up Sharon Williamson 73 nett.

13th June – Jubilee Fours. The winners were Sher Sharpe and Del Leahy. They will play off at Mandurah during Country Week.

20th June – Stableford. The winner was Sher Sharpe 33 pts, with runner-up Judy Jarvis 32 pts.

27th June – Our cancer fund-raising event. This saw 16 non-players, 20 players and 7 guests for lunch. Due to bad weather, the day was quickly arranged as a quiz session and other fund events. Everyone had a great time. Trish Thomas and Jo Vergone were the sponsors and raised $2,000. This is a record. Thanks to all who supported the day.

11th July – Marg Scott Trophy Day. The winner was Helen Oliver 70 nett, runner-up Sharon Williamson 75 nett, on a count-back from Mandy Piscoineri 75 nett.

18th July – Open Day. This was a great success with clubs from WAGC Yokine, Marri Park, Harvey, Cottesloe, Bunbury, Mandurah, Pinjarra and Preston Beach. The weather was very and the game was followed by a very enjoyable lunch. Many thanks to all who assisted us on the day. The winners nett were Sher Sharpe and Judy Jarvis 32 pts. The runners-up Marg Scott 31 pts. Gross winners Helen Oliver and Kaye Muhleisen 14 pts. Best front nine, Colleen Archibald and Del Leahy 17 pts. Best back nine, Jo Vergone and Trish Thomas 15 pts. Card draw winners Karen Date and Sue Mack from Yokine.

20th-22nd July Rural Bronze. This was held in Katanning and the following players participated: Jo Vergone, Marg Scott, Sharon Williamson, Trish Thomas and Veronica Fuller who won two bottles of wine for the two longest puts. Sharon Williamson and Trish Thomas were runners-up for the team event for Saturday and Sunday. The girls had a fun weekend and got into the entertainment spirit, singing a Kiss song, which was a big hit.

Our nine hole competition is going well. If you are new to Waroona, you are more than welcome to come along and have a go. We need to have more players and you don’t need to play every week. Any further information, please ring Veronica Fuller 0407 425 865.

**Men’s Results**

10th June – Waroona Open. This was won by a visitor from Harvey, Andrew Look. The runner-up was Brad Stone from Waroona and third place went to Mark McKay, also from Waroona.

16th June – Jeff Taylor Trophy. The winner was Andrew Thomas 41 pts, with runner-up Robbie Towns 40 pts.

23rd June – Craig Holland Trophy. Par winner was Leon Mason +2 with runner-up Brad Stone +1.

30th June – Mark McKay Trophy. Stroke winner was Rick Riggio nett 65, runner-up was Jeff Scott nett 71.

7th July – Kevin Burton Trophy. The winner was Brad Stone 41 pts, runner-up Frank Lennon 40 pts.

14th July – Mixed Foursomes Championship. Winners were Mark McKay and Sher Sharpe, runners-up were Alan Jeffery and Kaye Muhleisen.

21st July – Rick Riggio Trophy. The winner was Leon Mason nett 72, runner-up was Tony Edis 73 nett.

8th July saw a team of five players travel to Pickering Brook. We came second in the teams event and had two winners – Brad Stone, runner-up to the gross and Frank Lennon winning the super veterans division.

22nd July we had three players travel to Beverley. Leon Mason and Kevin Burton were winners.
Fishing tuition, fish release and all things freshwater fishing!
Freshwater fishing provides a unique opportunity to get outdoors, take in the serenity, calmness and beautiful landscape of WA’s South-west streams, rivers and dams and provides great fun and accessible locations for families to experience the joy of freshwater fishing. As we move into Spring Recfishwest is celebrating all things freshwater fishing with the launch of the annual TroutFest event kicking off at 10am on September 1. With the
Department of Fisheries again supporting a licence free weekend, it’s the perfect opportunity to spend some quality time together just in times for Father’s Day by helping Recfishwest release thousands of fish into the Drakesbrook Weir as part of a community stocking event. As well as the fish release, TroutFest also includes freshwater fishing tuition for all ages, an education display by Fisheries, Fly Casting, Freshwater Tackle & Rigging Information and Demonstrations and general fishing time for everyone to have a go at freshwater fishing for FREE. This year’s TroutFest is the second freshwater community stocking event, and due its to raging success from last year, this event plans to be bigger

and better with something for everyone. The location is suitable for people of all ages and levels and knowledge so if you’ve ever wanted to try your hand at freshwater fishing, fly casting or simply wanted to see a rainbow or brown trout in the flesh, then now is your opportunity! For many, this fishery was clouded in mystery, but after last year’s event TroutFest participants realised it is about getting into the bush, having a cast and enjoying some of the best parts of WA.

Each year, tens of thousands of trout are released into many dams and rivers throughout WA’s south west. These are all bred in captivity at the Pemberton Fish hatchery and either released as fry, yearlings or ex brood stock, and range from a couple of centimetres in size to a kilo plus sized fish. The development of this fishery and community stocking event has all been made possible with support from the Recfishwest Freshwater Fisheries Reference Group, Department of Primary Industries and Regional Development, The Western Australian Trout and Freshwater Angling Association (WATFAA) and the Pemberton Hatchery. It’s just one of many Recfishwest lead initiatives working towards improving habitat and fish stocks which build better environments that contribute to making fishing better in WA. If you can’t make it on the day, not to worry, there is still a range of places you can try for the licence free weekend or any day of the year with a freshwater licence available from Department of Fisheries.

Stocked waterways
Harvey Dam, Waroona, Logue Brook Dam, Big Brook Dam, Warren River and Donelly River are all excellent places for freshwater fishing. Registration is FREE but essential – visit [https://recfishwest.org.au/](https://recfishwest.org.au/) for more information.
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